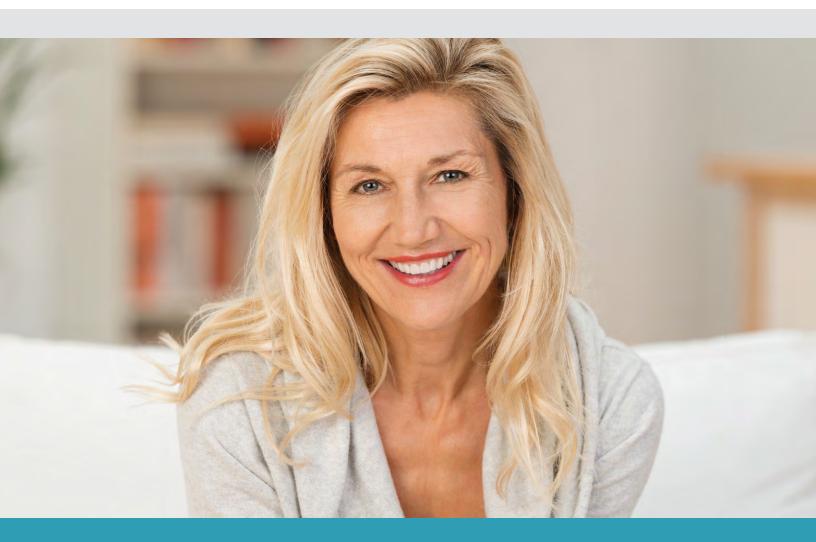
# 2024 CLASSIC (HMO)





# WELCOME

1-866-535-8343 (TTY: 711) KelseyCareAdvantage.com

# **TABLE OF CONTENTS**

Confidence You Can Carry
Online Resources
Your Benefits Snapshot
Diabetic Supplies and Durable Medical Equipment6
Find a Provider
Schedule Your Appointment
The Right Care at the Right Time
Understand Your Part D Coverage10
Your 2024 Covered Drug List (Formulary)10
It All Adds Up14
Important Member Forms16
Contact Us17
Important Phone Numbers

# **CONFIDENCE YOU CAN CARRY**



Your new member ID card is your key to accessing your medical and prescription benefits. You should receive your card in the mail within 10 business days of enrollment. If you do not receive your ID card before your start date, please call our Concierge team at 713-442-CARE (2273) TTY: 711.

# **Start Your Journey in 4 Steps**

- Access helpful resources on your **New Member Hub** by visiting <u>KelseyCareAdvantage.com/new-member</u>.
- 2. Learn about your medical benefits plus value-added benefits in your <u>Evidence of Coverage (EOC)</u>.
- 3. Schedule your yearly health checkup with your primary care physician. If you don't have a primary care physician, visit our website to <u>find a Kelsey-Seybold provider</u>.
- 4. Opt-in to email communication to receive the most up to date member information and quick access to plan materials.

#### **ONLINE RESOURCES**

#### **New Member Hub**

The New Member Hub is a site designed exclusively for you. Find important resources all in one easy place. On KelseyCareAdvantage.com/new-member you can:



Learn where to find care. Maximize your benefits by easily searching for network providers. Find physicians, hospitals, urgent care facilities, and pharmacies.



Opt-in to stay connected! Receive electronic communications tailored to you. Get health and wellness reminders and plan information in your inbox.



Stay informed through virtual and in-person member events.



Discover the value of your extra benefits. Learn about your dental, vision, and hearing coverage, plus transportation and over-the-counter (OTC) allowances and more!

#### **Locate Digital Plan Documents**

The more you understand your plan, the more confident you'll feel using your benefits.

#### Review your Plan Documents

- Annual Notice of Change (ANOC)
- Evidence of Coverage (EOC)
- Summary of Benefits
- Provider Directory
- Covered Drug List (Formulary)
- Over-the-Counter (OTC) Catalog
- Dental Coverage
- Pharmacy Directory

# YOUR BENEFITS SNAPSHOT

	Classic Copay		
Physician and Lab Services			
PCP Visit	\$0		
Specialist Visit	\$25		
Video Visit – PCP	\$0		
Video Visit – Specialist, Mental Health, Other	\$15		
Annual Wellness Exams	\$0		
Chiropractor	\$20		
X-rays and Lab Services	\$0		
Diagnostic Tests (ex: CT, MRI)	\$150		
Immunizations	\$0		
Routine Hearing Exam	\$0		
Hearing Aid Allowance	\$750 per ear every 3 years		
Physical and Occupational Therapy	\$10		
Speech Therapy	\$35		
Routine Eye Exam	\$0*		
Eyewear Allowance	\$75 per year		
Hospital Services			
Inpatient Hospital Care	\$325 per stay		
Ambulatory Surgery Center	\$225		
Outpatient Hospital/Observation	\$300		
Emergency Room	\$120		
Urgent Care	\$25		
Worldwide Emergency Services	20% coinsurance; up to \$20,000 per lifetime		
Extended Care Services			
Skilled Nursing Facility	\$0 (days 1-20)		
	\$125 (days 21-100)		
Other Medical Services			
Durable Medical Equipment (DME)	20% coinsurance		
Ground / Air Ambulance	\$100		

<sup>\*</sup>For first eye exam at Kelsey-Seybold Clinics. Following eye exams have a \$25 copay. Please refer to your Evidence of Coverage for a comprehensive list of covered services.

This is not a legal document.

# **Diabetic Supplies**

Save money on your diabetic supplies when you use a preferred brand of diabetic testing supplies, which includes meters and test strips. Preferred brands are LifeScan (such as OneTouch®) and Roche (such as ACCUCHEK®). In addition to paying 0% coinsurance for your test supplies, you'll enjoy:

- \$0 copay for Medicare covered diabetic self-management training
- 0% coinsurance for lancets, lancet devices and control solutions
- 20% coinsurance for Medicare-covered diabetic shoes and inserts
- 20% coinsurance for Medicare-covered insulin pump and supplies
- Continuous blood glucose monitors are covered differently, depending on where purchased.
   You'll pay 15% coinsurance at a retail pharmacy, and 20% coinsurance from a Durable Medical Equipment (DME) vendor.
  - Preferred continuous blood glucose monitors are Dexcom G6 and Dexcom G7. All others are subject to step therapy

# **Durable Medical Equipment**

If you need Durable Medical Equipment (for example, oxygen or a CPAP machine), visit our website for a list of <u>contracted providers</u>.

- Under the service type, select Durable Medical Equipment
- Narrow your search by county, city, facility, or zip code

You may go to any of the providers listed in our online directory. Some services may need prior authorization or a referral.

#### **FIND A PROVIDER**

#### **Network Providers**

Find personalized care close to home by visiting the <u>find a provider</u> page on our website.



**Physician** 



**Eye Doctor** 



**Dentist** 



**Hearing** 

Network providers have an agreement with KelseyCare Advantage to accept our payment as payment in full and may coordinate or provide services to our members.

- Providers must meet our high-quality standards to be a part of our network.
- You save money when you use a network provider because you're only responsible for your plan's copay or coinsurance. If you see an out-of-network provider, then you are responsible for the full cost of any services that you receive.

If you would like a paper copy of your *Provider Directory* call the Concierge team at 713-442-CARE (2273) TTY: 711.

#### SCHEDULE YOUR APPOINTMENT

The easiest way to communicate with your doctor is to create an account at MyKelseyOnline. com (MKO). MKO lets you securely message your doctor, request prescription refills, schedule appointments, view lab results, and access virtual visit options. It's confidential and safe to use. You can download the app at the Apple App store, or on Google Play. For help, call the MyKelseyOnline Help Desk at 713-442-6565, available 7 days a week from 7 a.m. - 9 p.m.

#### In-Person

To schedule your in-person appointment with a Kelsey-Seybold physician:



Call **24/7**: 713-442-0000, (TTY: 711)



MyKelseyOnline Schedule an Appointment

#### **Virtual Care Options**

Privacy, convenience, at or away from home. Access virtual health appointments 365 days a year with Kelsey-Seybold Clinic physicians. Rest easy knowing you'll see a physician who will have access to your medical history.

Use MyKelseyOnline to schedule:

#### **Video Visits**

- Schedule a virtual appointment with a network physician
- Same copay as an office visit
- Monday Friday, 8 a.m. 5 p.m.
- Available for primary care and 20 specialties

#### **VideoVisitNOW**

- Access care when you need it. See the next available Kelsey-Seybold Clinic provider with no appointment necessary!
- Average wait times usually less than 30 minutes
- Same copay as an office visit
- Available Monday Friday, 8 a.m. 5 p.m., Weekends and holiday 10 a.m. 4 p.m.
- Select from a list of primary care concerns

#### **E-Visits**

- As an alternative to an in-person or virtual visit, e-visits let you send a secure message through MKO to a primary care or specialty provider.
- Complete a symptom questionnaire with a list of eligible concerns and receive a personalized treatment plan within about an hour from one of our virtual providers.
- Available Monday Friday, 6 a.m. 9 p.m., weekends and holidays: 10 a.m. 4 p.m. Specialty care is available Monday Friday, 8 a.m. 4. p.m.
- Submit an e-visit anytime around the clock. If it is outside of hours, you will get a response the next day.

# THE RIGHT CARE AT THE RIGHT TIME

Symptoms and severity matter. Know where to go when you need help.

Care Type	When to Use	Find Care
Kelsey-Seybold Clinic After-Hours Care	Call the nurse hotline after regular office hours, on weekends, and on holidays to answer questions. Schedule an appointment, or page your doctor, if needed.	Call 713-442-0000 (TTY: 711) anytime, any day
Dispatch Health	Get same-day medical care in your home for variety of illnesses including flu, COPD exacerbations, UTIs, stitches, and much more.	To schedule, call: 833-416-4700 8 a.m. – 10 p.m., seven days a week, including holidays. Learn more at <u>DispatchHealth.com</u>
Urgent Care	Used to treat non emergency illness or injury when you can't see your doctor. Visit when experiencing sore throat, cough, flu symptoms, cuts, bumps, or sprains.	These services are covered at any urgent care facility in the United States. KelseyCare Advantage is contracted nationally with CVS Minute Clinic, and locally with Next Level and Care Now.  On our website under
Emergency Room	Used for life-threatening emergencies such as uncontrolled bleeding, chest pain, severe burn, head injury, sudden slurred speech or weakness on one side of the body.	Find a Provider  For immediate attention call <b>911</b> .  For other medical emergencies, visit an emergency room nearest you.  Emergency care is covered at any emergency room in the United States.
In Network Hospitals	You have access to 29 affiliated hospitals in the area. Referral or prior authorization may be needed for hospital services that are not emergency care.	KelseyCareAdvantage.com
World Wide Care	Have peace of mind when you travel.	Emergency room care is covered worldwide, with a 20% coinsurance, up to \$20,000 lifetime.

#### UNDERSTAND YOUR PART D COVERAGE

Your plan also includes prescription drug coverage with low or no cost copays on brand name and generic prescription medications.



# YOUR 2024 COVERED DRUG LIST (FORMULARY)

A formulary is a list of drugs covered by your plan. You can find what prescriptions are covered by viewing your <u>Comprehensive Formulary</u>.

#### **Tiers**

Your formulary is organized by different levels called tiers. Each drug is assigned a tier and lets you know how much you will pay for your prescription.

Italicized means generic drug		Drug Name	Tier	Special Conditions
generally with lower copays	<b></b>	sample drug	1	Any special conditions applied to your drug*
ALL CAPS means brand drug generally with higher copays	<b>→</b>	SAMPLE DRUG	5	PA

<sup>\*</sup>Special conditions may include **prior authorization (PA), step therapy (ST), mail order (MO), quantity limit (QL)**, or **excluded drug (ED)**. All special conditions are listed in your **Comprehensive Formulary** found online.

If you would like a paper copy of your Comprehensive Formulary call the Concierge team at 713-442-CARE (2273) TTY: 711.

# **Your Drug Copays**

Medications can be provided in 30-, 60-, or 90-day supplies. You can fill your prescriptions at a preferred or standard pharmacy. Using a preferred pharmacy may help save you money.

#### Filled at a Preferred Pharmacy

Tier	30-day	60-day	90-day
Tier 1	\$0	\$0	\$0
Tier 2	\$0	\$0	\$0
Tier 3	\$40	\$80	\$100
Tier 4	\$80	\$160	\$200
Tier 5	31%	N/A	N/A
Tier 6	\$0	\$0	\$0
Insulin	\$35	\$70	\$87.50

#### Filled at Standard Pharmacy

Tier	30-day	60-day	90-day
Tier 1	\$3	\$6	\$9
Tier 2	\$15	\$30	\$45
Tier 3	\$45	\$90	\$135
Tier 4	\$90	\$180	\$270
Tier 5	31%	N/A	N/A
Tier 6	\$0	\$0	\$0
Insulin	\$35	\$70	\$105

# Find a Pharmacy

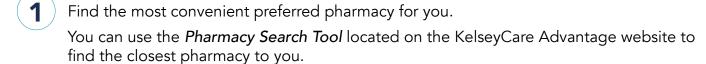
<u>Find a pharmacy</u> on our website. You can search for preferred or standard pharmacies nearest you. KelseyCare Advantage preferred pharmacies include:







#### Switch to a preferred pharmacy



- 2 Call your selected preferred pharmacy and provide them with the name, location, and phone number of the pharmacy you are transferring from.
- **3** Ask them to transfer one or all your medications. They will take care of the rest.

#### Mail Order

To start filling your prescription by mail, you'll need a new 90-day prescription.

To get a new prescription you can:



Ask your doctor to send an electronic prescription to CVS Caremark<sup>®</sup> Mail Service Pharmacy. This is the easiest way to get started – you can expect to get your medication in 7 to 10 business days.

Or you can:



Request that CVS Caremark contact your doctor and get the process started for you. Once we reach your doctor and receive approval, it will take 7 to 10 business days for your medication to be delivered.

For Assistance Call TOLL FREE: 1-888-970-0914 (TTY: 711) 24 hours a day, 7 days a week.

Be sure to use CVS Caremark Mail Service Pharmacy to fill prescriptions in 90-day supplies for medications you take regularly (like high blood pressure, diabetes, or high cholesterol medications).

For short-term medications (like an antibiotic), use a retail pharmacy in your plan's network. You can find one by using the <u>Pharmacy Locator</u> on our website.

View your **Explanation of Benefits (EOB)** or check the status of a mail order on <u>Caremark.com</u>. Then, create an account using your KCA member ID number.

#### **Coverage Determination/Redetermination**

A coverage determination is a decision we make about your benefits and coverage or about the amount we will pay for your drugs. A coverage determination may include:

- Asking to cover a Part D drug that is not on the plan's List of Covered Drugs
- Asking to waive a restriction on the plan's coverage for a drug (such as limits on the amount of the drug you can get)
- Asking to pay a lower cost-sharing amount for a covered drug on a higher cost-sharing tier
- Asking to get pre-approval for a drug
- Asking us to pay you back for a prescription drug you already bought

If you disagree with a coverage decision we have made, you can appeal our decision using the <u>Coverage Determination and Redetermination</u> forms.

# **Your Prescription Drug Journey**

Throughout the year, your drug costs may vary. Understanding what drug phase you are in will help you know upcoming costs.

# 1. Deductible Phase

This is your first stage of coverage. You will pay full price for Tier, 3, 4, and 5 drugs\* until you hit \$100. Once you have paid \$100 then you move to the Initial Coverage Phase.

Drug Tiers 1, 2, and 6 do not require a deductible.

\*Drug tiers can be found in your Comprehensive Formulary.

# 2. Initial Coverage Phase

During this stage you pay your part of the costs on the discounted price of the drug through a copay or coinsurance. You remain in this stage until you satisfy the initial coverage phase costs. Initial coverage phase cost varies by plan.

Check your Evidence of Coverage (EOC) for details

# **3.** Coverage Gap Phase

This phase is often called the "donut hole." This phase begins after you and your plan have spent a certain amount for covered drugs and meet the initial coverage phase costs. If your prescription fills reach \$5,030 you will then pay no more than 25% of the negotiated price for your prescriptions. You continue to pay your Initial Coverage Stage cost-share for Tier 1 Preferred Generic drugs, Tier 2 Generic drugs, and Tier 6 Select Care drugs. The deductible doesn't apply to covered insulin products and most adult Part D vaccines, including shingles, tetanus, and travel vaccines. Once you reach your maximum yearly out of pocket costs you move to the Catastrophic Coverage Phase.

# 4. Catastrophic Coverage Phase

You will remain in this phase until the end of the year. Beginning in 2024, you will pay a \$0 copay for brand and generic drugs when you are in the Catastrophic Coverage Phase.

#### IT ALL ADDS UP.

In addition to medical coverage, your plan offers <u>additional benefits</u> at no cost to you. It's another perk of KelseyCare Advantage.

#### **Transportation**

Your plan includes 20 one-way trips to help you get to and from needed medical appointments. Non-emergency medical transportation is available for those who need additional accommodation such as wheelchair accessibility.

To schedule a ride, call (713) 522-7433 (TTY: 711), Monday through Friday, 6 a.m. to 7 p.m. After your appointment, simply call back when you are ready to be picked up.

#### Over-the-Counter (OTC)/Flex Card Allowance

Each quarter you will receive a **\$40 allowance** to spend on eligible over-the-counter health related items. You will receive a separate OTC card in the mail to purchase items online, by mail, or from participating retail locations. Visit <a href="KCAOTC.com">KCAOTC.com</a> to create an account, activate your card, view your OTC balance, and order products. Unused balances do not roll over.

Your plan also includes a preloaded **\$500 Flex card** for you to use toward dental, vision, or hearing expenses you may have throughout the year. Your flex dollars may not be combined with your OTC allowance.

#### One Pass<sup>TM</sup>

Find your healthy with One Pass. Now you get the benefit of thousands of fitness locations **at no cost** to you! Your benefit includes:

Over 24,000 locations PLUS access to

- Boutique gyms like Orange Theory and Pure Barre
- Home fitness kits
- YMCA locations
- Brain training

Designed to give you a wider range of fitness options! Access One Pass starting January 1, 2024. After your plan effective date you will receive information and your unique member code. Visit <a href="YourOnePass.com">YourOnePass.com</a> to find a location near you.

# **Hearing Allowance**

As we age, our hearing may change. To help diagnose any hearing changes that you may experience, your plan includes routine, in-network hearing exams for \$0. Plus, it includes a **\$750 allowance** per ear, every three years to use toward the purchase of hearing aids.

Get your \$0 routine hearing exam today by calling 713-442-0000 (TTY: 711) for a Kelsey-Seybold Clinic audiologist.

#### Vision Allowance

Experience a network with access and choice. In-network, routine eye exams have a **\$0** copay. Plus, you have a **\$75** annual eyewear allowance that can be used at a variety of your favorite retailers:

■ Sam's Club

Glasses USA

LensCrafters

Warby Parker

Costco

■ Ray-Ban

Schedule your \$0 routine eye exam by calling 877-574-7081.

#### **Dental**

Good oral health can help prevent certain types of diseases including gum disease and certain types of cardiovascular disease. Find a dentist near you by visiting <u>search.fcldental.com</u>. Your 2024 Dental plan includes:

100%	Coverage for preventive services	
\$3,000	Annual Benefit Maximum for Preventive and Comprehensive services, combined with the purchase of OSB dental coverage	

#### Preventive covers services like:

Oral exams

Basic cleanings

X-rays

**Want more coverage?** For \$32.80 per month you have the option to purchase comprehensive dental coverage for services like:

Fillings

■ Crowns

Dentures

Extractions

Root canals

<sup>\*</sup>Check your Evidence of Coverage (EOC) for a complete list of dental codes.

#### **IMPORTANT MEMBER FORMS**

Quickly find <u>forms</u> you need to sign up for email communications, appoint a representative and more.

# **Email Opt-In to quickly receive:**

- ✓ Plan documents, as well as updated documents throughout the year.
- √ Notification of plan changes
- ✓ Health and wellness reminders
- ✓ Invitations to our quarterly webinar, Age Without Fear, covering common health concerns related to aging.
- ✓ Our quarterly newsletter, Living Well, featuring plan information and helpful health tips!

# **Appoint a Representative**

If you have someone who acts on your behalf with KelseyCare Advantage or may need someone to do this in the future, then please complete an Appointment of Representative form.

# **Coverage Determination/Redetermination**

If you would like to request coverage or appeal a coverage determination, complete the form on our website and turn in to submit your request.

# **CONTACT US**

#### **Our Address**

KelseyCare Advantage Administrative Offices 11511 Shadow Creek Pkwy Pearland, TX 77584

If you have any questions about your plan, give one of our helpful Concierge team members a call and they will be happy to assist you.

# **IMPORTANT PHONE NUMBERS**

Concierge Team	(713) 442- CARE (2273) / (TTY:711)
Kelsey-Seybold Clinic Appointments	(713) 442-0000
After-Hours Care	(713) 442-0000
MyKelseyOnline Help	(713) 442-5500
Business Office (questions about Kelsey-Seybold billing)	(713) 442-5500

Social media is one of the quickest ways to connect with us.

You can find us online at KelseyCareAdvantage.com and follow us on Facebook, Instagram, Twitter, and YouTube!











Questions? Call the Concierge team at 713-442-4878 (TTY: 711). From October 1 through March 31, hours are 8 am to 8 pm, seven days a week. From April 1 through September 30, hours are 8 am to 8 pm, Monday through Friday. Messaging services are used on weekends, after hours, and on federal holidays.

KelseyCare Advantage, a product of KS Plan Administrators, LLC, is an HMO and POS Medicare Advantage plan with a Medicare contract. Enrollment in KelseyCare Advantage depends on contract renewal. © 2023 KelseyCare Advantage. All rights reserved.