

# 2023 Annual Notice of Change

# KelseyCare Advantage Silver Freedom (HMO-POS) offered by KS Plan Administrators, LLC

# **Annual Notice of Changes for 2023**

You are currently enrolled as a member of KelseyCare Advantage Silver Freedom. Next year, there will be changes to the plan's costs and benefits. *Please see page 4 for a Summary of Important Costs, including Premium.* 

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at www.kelseycareadvantage.com. (You may also call Member Services to ask us to mail you an *Evidence of Coverage*.)

• You have from October 15 until December 7 to make changes to your Medicare coverage for next year.

#### What to do now

1.	ASK: Which changes apply to you
	Check the changes to our benefits and costs to see if they affect you.
	• Review the changes to Medical care costs (doctor, hospital).
	• Think about how much you will spend on premiums, deductibles, and cost sharing.
	Check to see if your primary care doctors, specialists, hospitals and other providers will be in our network next year.
	Think about whether you are happy with our plan.
2.	<b>COMPARE:</b> Learn about other plan choices
	Check coverage and costs of plans in your area. Use the Medicare Plan Finder at <a href="https://www.medicare.gov/plan-compare">www.medicare.gov/plan-compare</a> website or review the list in the back of your <a href="https://www.medicare.gov/plan-compare">Medicare &amp; You 2023 handbook.</a>
	Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

- 3. CHOOSE: Decide whether you want to change your plan
  - If you don't join another plan by December 7, 2022, you will stay in KelseyCare Advantage Silver Freedom.

- To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1**, **2023**. This will end your enrollment with KelseyCare Advantage Silver Freedom.
- If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

#### **Additional Resources**

- This document is available for free in Spanish.
- Please contact our Member Services number at 713-442-CARE (2273) or toll-free at 1-866-535-8343 for additional information. (TTY users should call 711.) Hours are 8:00 a.m. to 8:00 p.m. local time, seven days a week, from October 1 March 31. From April 1 September 30, Monday through Friday, hours are 8:00 a.m. to 8:00 p.m. local time. Messaging service used weekends, after hours, and on federal holidays.
- This document is also available in braille, large print and other alternate formats. Please call Member Services (phone numbers are in Section 6.1 of this document) for more information.
- Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at <a href="https://www.irs.gov/Affordable-Care-Act/Individuals-and-Families">www.irs.gov/Affordable-Care-Act/Individuals-and-Families</a> for more information.

#### About KelseyCare Advantage Silver Freedom

- KelseyCare Advantage is offered by KS Plan Administrators, LLC, an HMO with a Medicare contract. Enrollment in KelseyCare Advantage depends on contract renewal.
- When this document says "we," "us," or "our," it means KS Plan Administrators, LLC (dba KelseyCare Advantage). When it says "plan" or "our plan," it means KelseyCare Advantage Silver Freedom.

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# **Summary of Important Costs for 2023**

The table below compares the 2022 costs and 2023 costs for KelseyCare Advantage Silver Freedom in several important areas. **Please note this is only a summary of costs**.

Cost	2022 (this year)	2023 (next year)
Monthly plan premium	\$0	\$0
Maximum in-network out-of- pocket amount	\$3,450	\$3,450
This is the <u>most</u> you will pay out-of-pocket for your in-network covered Part A and Part B services. (See Section 1.2 for details.)		
Maximum out-of-network Point of Service (POS) out-of-pocket amount	\$10,000	\$10,000
This is the <u>most</u> you will pay out-of-pocket for your out-of-network covered Part A and Part B services received through the POS benefit. (See Section 1.2 for details.)		
Doctor office visits	In-Network: Primary care visits: \$0 copay per visit	In-Network: Primary care visits: \$0 copay per visit
	Specialist visits: \$20 copay per visit	Specialist visits: \$20 copay per visit
	Out-of-Network: Primary care visits: \$10 copay per visit	Out-of-Network: Primary care visits: \$10 copay per visit
	Specialist visits*: \$35 copay	Specialist visits*: \$35 copay
	*40% coinsurance for each MD Anderson provider visit	*40% coinsurance for each MD Anderson provider visit

Cost	2022 (this year)	<b>2023</b> (next year)
Inpatient hospital stays	In-Network: For Medicare-covered hospital stays:	In-Network: For Medicare-covered hospital stays:
	\$325 copay per stay	\$325 copay per stay
	60 lifetime reserve days are covered for \$0 copay per day.	60 lifetime reserve days are covered for \$0 copay per day.
	Acute inpatient hospital stays with a confirmed COVID-19 diagnosis will have the \$325 acute inpatient hospital costshare waived.	Acute inpatient hospital stays with a confirmed COVID-19 diagnosis will have the \$325 acute inpatient hospital costshare waived.
	Out-of-Network: For Medicare-covered hospital stays:	Out-of-Network: For Medicare-covered hospital stays:
	40% coinsurance per stay	40% coinsurance per stay

# **SECTION 1 Changes to Benefits and Costs for Next Year**

#### **Section 1.1 – Changes to the Monthly Premium**

Cost	2022 (this year)	2023 (next year)
Monthly premium	\$0	\$0
(You must also continue to pay your Medicare Part B premium.)		There is no change for the upcoming benefit year.

## Section 1.2 – Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay "out-of-pocket" for the year. This limit is called the "maximum out-of-pocket amount." Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2022 (this year)	2023 (next year)
Maximum in-network out-of-pocket amount Your costs for covered medical services (such as copays) count toward your maximum in-network out-of-pocket amount.	\$3,450	\$3,450 Once you have paid \$3,450 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.
		There is no change for the upcoming benefit year.

Cost	2022 (this year)	<b>2023</b> (next year)
Maximum out-of-network Point of Service (POS) out-of-pocket amount Your costs for covered medical services (such as copays) count toward your maximum out-of-network POS out-of-pocket amount.	\$10,000	\$10,000 Once you have paid \$10,000 out-of-pocket for covered out-of- network Part A and Part B services, you will pay nothing for your covered out-of-network Part A and Part B services for the rest of the calendar year.

#### Section 1.3 – Changes to the Provider Network

An updated *Provider Directory* is located on our website at www.kelseycareadvantage.com. You may also call Member Services for updated provider information or to ask us to mail you a *Provider Directory*.

There are changes to our network of providers for next year. Please review the 2023 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) that are part of your plan during the year. If a mid-year change in our providers affects you, please contact Member Services so we may assist.

# Section 1.4 – Changes to Benefits and Costs for Medical Services

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2022 (this year)	2023 (next year)
Dental Services (Preventive)	In-Network You pay a \$25 copay for each preventive dental office visit:	In-Network You pay a \$0 copay for each preventive dental office visit:
	<ul><li>Periodic Oral Evaluation (D0120):</li><li>1 every 6 months</li></ul>	<ul><li>Periodic Oral Evaluation (D0120):</li><li>1 every 6 months</li></ul>
	<ul><li>Limited Oral Evaluation (D0140):</li><li>1 every 12 months</li></ul>	<ul> <li>Limited Oral Evaluation (D0140):</li> <li>1 every 12 months</li> </ul>
	• Comprehensive Oral Evaluation (D0150): 1 every 12 months	• Comprehensive Oral Evaluation (D0150): 1 every 12 months
	• Extensive Oral Evaluation (D0160): Not covered	• Extensive Oral Evaluation (D0160): 1 every 12 months
	• Intraoral–Complete Series of Radiographic Images (D0210): 1 every 36 months	<ul> <li>Radiographs/Diagnostic Imaging (D0210, D0220, D0230, D0240, D0270, D0272, D0273, D0274,</li> </ul>
	<ul> <li>Radiographs/Diagnostic Imaging (D0272, D0274, D0330*): 1 every 12 months</li> </ul>	D0277, D0330*): 1 every 12 months  • Prophylaxis – Cleaning (D1110):
	<ul> <li>Prophylaxis – Cleaning (D1110):</li> <li>1 cleaning every 6 months</li> </ul>	1 cleaning every 6 months
	\$1,500 annual benefit maximum for comprehensive and preventive dental services every year.	\$1,500 annual benefit maximum for comprehensive and preventive dental services every year.

### **SECTION 2 Administrative Changes**

The information below shows the administrative changes for next year.

Description	2022 (this year)	2023 (next year)
Over-the-counter items	Eligible items available from participating CVS locations and by ordering online or over the phone for delivery to your home via OTC Health Solutions.	Eligible items available from participating retail locations and by ordering online, over the phone, or by mail for delivery to your home via Convey Health Solutions.

### **SECTION 3 Deciding Which Plan to Choose**

# Section 3.1 – If you want to stay in KelseyCare Advantage Silver Freedom

**To stay in our plan, you don't need to do anything.** If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our KelseyCare Advantage Silver Freedom plan.

## Section 3.2 - If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2023 follow these steps:

#### Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- -- OR-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, there may be a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (<a href="www.medicare.gov/plan-compare">www.medicare.gov/plan-compare</a>), read the *Medicare & You 2023* handbook, call your State Health Insurance Assistance Program (SHIP) (see Section 5), or call Medicare (see Section 7.2).

As a reminder, KS Plan Administrators, LLC offers other Medicare health plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

#### Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from KelseyCare Advantage Silver Freedom.
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from KelseyCare Advantage Silver Freedom.
- To change to Original Medicare without a prescription drug plan, you must either:
  - Send us a written request to disenroll. Contact Member Services if you need more information on how to do so.
  - $\circ$  or Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

#### **SECTION 4 Deadline for Changing Plans**

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7.** The change will take effect on January 1, 2023.

#### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage plan for January 1, 2023, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2023.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

### **SECTION 5 Programs That Offer Free Counseling about Medicare**

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Texas, the SHIP is called Health Information Counseling and Advocacy Program (HICAP).

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. Health Information Counseling and Advocacy Program (HICAP) counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call Health Information Counseling and Advocacy Program (HICAP) at 1-800-252-9240. You can learn more about Health Information Counseling and Advocacy Program (HICAP) by visiting their website (https://hhs.texas.gov/services/health/medicare).

### **SECTION 6 Programs That Help Pay for Prescription Drugs**

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- "Extra Help" from Medicare. People with limited incomes may qualify for "Extra Help" to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
  - Your State Medicaid Office (applications).
- Help from your state's pharmaceutical assistance program. Texas has a program called Texas Kidney Health Care Program (KHC) that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program.
- What if you have coverage from an AIDS Drug Assistance Program (ADAP)? The AIDS Drug Assistance Program (ADAP) helps ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Texas HIV Medication Program (THMP). Note: To be eligible for the ADAP operating in your State, individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status.

If you are currently enrolled in an ADAP, it can continue to provide you with Medicare Part D prescription cost-sharing assistance for drugs on the ADAP formulary. In order to be sure you continue receiving this assistance, please notify your local ADAP enrollment worker of any changes in your Medicare Part D plan name or policy number. You can call the Texas HIV Medication Program (THMP) at 1-800-255-1090.

For information on eligibility criteria, covered drugs, or how to enroll in the program, please call 1-800-255-1090.

#### **SECTION 7 Questions?**

# Section 7.1 – Getting Help from KelseyCare Advantage Silver Freedom

Questions? We're here to help. Please call Member Services at 713-442-CARE (2273) or toll-free at 1-866-535-8343. (TTY only, call 711.) We are available for phone calls 8:00 a.m. to 8:00 p.m. local time, seven days a week, from October 1 – March 31. From April 1 – September 30, Monday through Friday, hours are 8:00 a.m. to 8:00 p.m. local time. Messaging service used weekends, after hours, and on federal holidays.

# Read your 2023 *Evidence of Coverage* (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2023. For details, look in the 2023 *Evidence of Coverage* for KelseyCare Advantage Silver Freedom. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at www.kelseycareadvantage.com. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.

#### Visit Our Website

You can also visit our website at www.kelseycareadvantage.com. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*).

## **Section 7.2 – Getting Help from Medicare**

To get information directly from Medicare:

#### Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### Visit the Medicare Website

Visit the Medicare website (<u>www.medicare.gov</u>). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to <u>www.medicare.gov/plan-compare.</u>

#### Read Medicare & You 2023

Read the *Medicare & You 2023* handbook. Every fall, this document is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<a href="https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf">https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf</a>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-866-535-8343. Someone who speaks English/Language can help you. This is a free service.

Tenemos servicios de intérprete gratuitos para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para obtener un intérprete, simplemente llámenos al 1-866-535-8343. Alguien que hable español puede ayudarte. Este es un servicio gratuito.

您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯服務。如需翻譯服務,請致電 1-866-535-8343。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务,请致电1-866-535-8343。我们的中文工作人员很乐意帮助您。这是一项免费服务

Mayroon kaming libreng interpreter serbisyo upang sagutin ang anumang mga katanungan na maaaring mayroon ka tungkol sa aming kalusugan o drug plan. Para makakuha ng interpreter, tawagan lang tayo sa 1-866-535-8343. Makakatulong sa iyo ang isang taong nagsasalita ng Tagalog. Ito ay isang libreng serbisyo.

Nous avons des services d'interprète gratuits pour répondre à toutes vos questions sur notre régime de soins de santé ou d'assurance-médicaments. Pour obtenir un interprète, appelez-nous au 1-866-535-8343. Quelqu'un qui parle Français peut vous aider. Il s'agit d'un service gratuit.

Chúng tôi có dịch vụ thông dịch miễn phí để trả lời bất kỳ câu hỏi nào quý vị có thể có về chương trình sức khỏe hoặc thuốc của chúng tôi. Để có được một thông dịch viên, chỉ cần gọi cho chúng tôi theo số 1-866-535-8343. Một người nói tiếng Việt có thể giúp ban. Đây là một dịch vụ miễn phí.

Wir haben kostenlose Dolmetscherdienste, um alle Fragen zu beantworten, die Sie zu unserem Gesundheits- oder Drogenplan haben könnten. Um einen Dolmetscher zu bekommen, rufen Sie uns einfach unter 1-866-535-8343 an. Jemand, der Deutsch spricht, kann Ihnen helfen. Dies ist ein kostenloser Service.

우리는 당신이 우리의 건강 또는 약물 계획에 대해 가질 수있는 질문에 대답 할 수있는 무료 통역사 서비스를 제공합니다. 통역사를 얻으려면 1-866-535-8343 으로 전화하십시오. 한국어를 구사하는 사람이 당신을 도울 수 있습니다. 이것은 무료 서비스입니다.

У нас есть бесплатные услуги переводчика, чтобы ответить на любые ваши вопросы о нашем плане здоровья или лекарств. Чтобы получить переводчика, просто позвоните нам по телефону 1-866-535-8343. Тот, кто говорит по-русски, может вам помочь. Это бесплатная услуга.

لدينا خدمات الترجمة الفورية المجانية للإجابة على أي أسئلة قد تكون لديكم حول خطتنا الصحية أو الدوائية للحصول على مترجم فوري ، ما عليك سوى الاتصال بنا على 1-866-535 )الهاتف النصي: يمكن لشخص يتحدث العربية مساعدتك .هذه خدمة مجانية

Abbiamo servizi di interpretariato gratuiti per rispondere a qualsiasi domanda tu possa avere sul nostro piano sanitario o farmacologico. Per ottenere un interprete, basta chiamarci al numero 1-866-535-8343. Qualcuno che parla italiano può aiutarti. Questo è un servizio gratuito.

Temos serviços gratuitos de intérprete para responder a quaisquer perguntas que você possa ter sobre nosso plano de saúde ou drogas. Para conseguir um intérprete, basta nos ligar para 1-866-535-8343. Alguém que fale português pode ajudá-lo. Este é um serviço gratuito.

Nou gen sèvis entèprèt gratis pou reponn nenpôt kesyon ou ka genyen sou sante nou oswa plan dwòg nou. Pou jwenn yon entèprèt, jis rele nou nan 1-866-535-8343. Yon moun ki pale kreyòl ayisyen kapab ede w. Sa a se yon sèvis gratis.

Mamy bezpłatne usługi tłumacza, aby odpowiedzieć na wszelkie pytania dotyczące naszego planu zdrowotnego lub narkotykowego. Aby uzyskać tłumacza, wystarczy zadzwonić do nas pod numer 1-866-535-8343. Ktoś, kto mówi po polsku, może ci pomóc. Jest to bezpłatna usługa.

हमारे पास हमारे स्वास्थ्य या दवा योजना के बारे में आपके किसी भी प्रश्न का उत्तर देने के लिए मुफ्त दुभाषिया सेवाएं हैं। एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-866-535-8343 पर कॉल करें। हिंदी बोलने वाला कोई व्यक्ति आपकी मदद कर सकता है। यह एक निशक्क सेवा है।

無料の通訳サービスがあり、健康や薬物計画に関するご質問にお答えします。 通訳を依頼するには、1-866-535-8343までお電話ください。日本語を話す人が助けてくれます。 これは無料のサービスです。

METHOD	KelseyCare Advantage Member Services - Contact Information
	1-866-535-8343
CALL	Calls to this number are free. Hours are 8:00 a.m. to 8:00 p.m. local time, seven days a week, from October 1 – March 31. From April 1 – September 30, Monday through Friday, hours are 8:00 a.m. to 8:00 p.m. local time. Messaging service used weekends, after hours and on federal holidays. Member Services also has free language interpreter services available for non-English speakers.
ТТΥ	711 Calls to this number are free. Hours are 8:00 a.m. to 8:00 p.m. local time, seven days a week, from October 1 – March 31. From April 1 – September 30, Monday through Friday, hours are 8:00 a.m. to 8:00 p.m. local time. Messaging service used weekends, after hours and on federal holidays.
FAX	713-442-5450
WRITE	KelseyCare Advantage ATTN: Member Services P.O. Box 841569 Pearland, TX 77584-9832
WEBSITE	www.kelseycareadvantage.com

#### **Health Information Counseling and Advocacy Program (HICAP)**

Health Information Counseling and Advocacy Program (HICAP) is a state program that gets money from the Federal Government to give free local health insurance counseling to people with Medicare.

METHOD	Health Information Counseling and Advocacy Program (HICAP) (Texas' SHIP) - Contact Information
CALL	1-800-252-9240
TTY	1-800-735-2989 This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
WRITE	701 West 51st Street MC: W352 Austin, TX 78751
WEBSITE	https://hhs.texas.gov/services/health/medicare

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