

August 11, 2022

Patient Tester

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Dear Patient Tester:

Thank you for talking with me on about your health and medications. As a follow-up to our conversation, I have included two documents:

1. Your **Recommended To-Do List** has steps you should take to get the best results from your medications.
2. Your **Medication List** will help you keep track of your medications and how to take them.

If you want to talk about these documents, please call KelseyCare Advantage at 713-442-5407 between the hours of 9 a.m. to 6 p.m. (CST) Monday through Friday.

I look forward to working with you and your doctors to make sure your medications work well for you.

Sincerely,

, KelseyCare Advantage

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## Recommended To-Do List

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Prepared on:

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You can get the best results from your medications by completing the items on this "**To-Do List**."



Bring your **To-Do List** when you go to your doctor. And, share it with your family or caregivers.

## Medication List

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Prepared on:

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Bring your Medication List when you go to the doctor, hospital, or emergency room. And, share it with your family or caregivers.



Note any changes to how you take your medications.  
Cross out medications when you no longer use them.



Add new medications, over-the-counter drugs, herbals, vitamins, or minerals in the blank rows below.

Medication	How I take it	Why I use it	Prescriber

**▼ Allergies:**

- No known allergies

**▼ Side effects I have had:**

- No known side effects



**My notes and questions:**